

## Volunteers Initiative Nepal (ViN)

### Volunteer Completion Report Format

#### Volunteer Information

- **Volunteer Name:** Eszter Boros & Rita Neupane/Kopila
- **Project:** Youth Empowerment
- **Location:** Okhaldhunga
- **Dates of Service:** 13.11.2024 - 14.04.2025

#### Executive Summary

This report summarizes the Youth Empowerment project in Okhaldhunga, focusing on understanding the circumstances of the target youth group, building local partnerships, conducting needs assessment surveys, and initiating youth empowerment activities through English lessons and workshops. The project aimed to empower youth by providing essential skills and knowledge while fostering community engagement. Volunteers utilized research, teaching, and event management skills to achieve project objectives

#### 1. Project Background

**1.1 Project Description:** The project's goals included understanding the circumstances of the target youth group, the role of key stakeholders, and creating a framework for future research and workshops. Key activities involved conducting needs assessments, delivering English sessions, and planning skills workshops. The target population was youth in Okhaldhunga.

#### 1.2 Volunteer Role:

Volunteers were responsible for preparing and delivering daily English lessons, conducting exploratory interviews, and conceptualizing and delivering skills workshops. Roles included project managers, researchers, trainers, and event managers

#### 2. Achievements and Outcomes

##### 2.1 Key Achievements:

- Conducted in-depth interviews with stakeholders.
- Finalized and conducted needs assessment surveys with youth in Okhaldhunga. 64 participants were surveyed with an average age of 26 [17-35].

- Delivered daily English lessons to approximately 8 students.
- Planned and conducted various workshops, including career, motivation, mental health, budgeting, nature journaling, entrepreneurship, marketing & finances. Workshops were conducted for 218 attendants, 134 beneficiaries

## **2.2 Community Impact:**

- Improved English skills of students.
- Established rapport and created an empowering atmosphere for youth to express themselves.
- Provided career-related workshops in schools and colleges

## **3. Personal and Professional Development**

### **3.1 Skills and Knowledge Gained:**

- Enhanced research, data collection, and analysis skills.
- Improved teaching, training, and facilitation skills.
- Developed event management and coordination abilities.
- Increased adaptability, flexibility, and improvisation skills.
- Gained a deeper understanding of rural life and multicultural environments.

### **3.2 Reflection:**

- Volunteers gained a better understanding of village life and rural living.
- The experience emphasized the importance of community engagement and building rapport.
- Volunteers highlighted the value of community visits for personal and professional growth

## **4. Challenges and Solutions**

### **4.1 Challenges Faced:**

- ☐ Adjusting project objectives based on resources and circumstances.
- ☐ Balancing multiple responsibilities, including English lessons, surveys, and workshops.
- ☐ The need for flexibility and adaptation in workshop delivery and planning.

### **4.2 Problem-Solving Strategies:**

- Readjusted objectives based on initial observations and resource availability.
- Employed time management and delegation skills to handle various tasks.
- Developed flexibility and improvisation skills for effective workshop delivery.
- Proactive and assertive project implementation

## 5. Feedback for ViN

### 5.1 Project Feedback:

- The project successfully engaged with youth and contributed to their empowerment.
- Community visits were crucial for understanding the local context.

### 5.2 Support and Resources:

<b>COLLEGE STUDENTS</b> <ul style="list-style-type: none"><li>○ Help them make well-informed decisions</li><li>○ Provide English and digital literacy trainings</li></ul>	<b>COMMUNITY</b> Provide bite-sized interactive soft skills trainings, focusing
<b>MARRIED WOMEN &amp; WOMEN COOPERATIVES</b> <ul style="list-style-type: none"><li>- Equip them with (bite-sized) basic and (longer) advanced business skills</li><li>- Organise tailoring and soap-making workshops</li><li>-</li></ul>	<b>FELLOWSHIP</b> <ul style="list-style-type: none"><li>○ Initiate a fellowship winter programme with 1:1 mentoring</li><li>○ Focus on business and digital skills development</li></ul>
<b>FARMER (RETURNING MIGRANT) MEN</b> <ul style="list-style-type: none"><li>○ Organise farming programmes</li><li>○ Work on their successful reintegration</li></ul>	<b>VIN</b> <ul style="list-style-type: none"><li>○ Coordinate youth empowerment</li><li>○ Prepare new volunteers/inters/staff well for smooth transition and efficient use of resources</li><li>○ Keep track of workshops, attendants etc (digitally)</li><li>○ Bring new revenue through promoting local businesses to volunteers, promoting tourism (national and international) by effectively engaging with alumni</li></ul>
<b>YOUTH CLUBS</b> <ul style="list-style-type: none"><li>- Provide regular mentoring sessions</li><li>- Support with grant search &amp; applications</li></ul>	

## 6. Recommendations for Future Volunteers

- Develop strong community engagement and communication skills.

- Be adaptable and flexible in the face of changing circumstances.
- Prioritize time management and organization.
- Build strong relationships with local stakeholders.
- Thoroughly research the local context and cultural nuances.
- Continuously seek feedback and adapt project approaches as needed.

## 7. Appendices

- **Photographs:** Include relevant photos with captions (obtain permissions as needed). [2-Photos & Videos](#)

## 8. Conclusion

The Youth Empowerment project made significant strides in Okhaldhunga by engaging with youth, conducting essential research, and delivering valuable skills workshops. Volunteers adapted to the local context, built relationships, and contributed to youth development. The experience provided volunteers with personal and professional growth, and they offered recommendations for future project success