

 स्वयंसेवी अभियान नेपाल
Volunteers Initiative Nepal

School Health Talk on Hygiene and Sanitation 2013

4th July to 17th July
Report of work camp



Contents

Background;	3
Objectives;	3
Major Activities;	3
Methodology;.....	3
Achievements:.....	4
What volunteers liked most.....	4
Challenges;.....	5
Conclusion;.....	5
Annexes:	5
Annex 1: Number of Students according to school who received tooth-brush are as follows;	5
Annex 2: Division of volunteers.....	6
Group 1	6
Group 2	6
Group 3	6
Annex 3: Materials used during workcamp	6
Some photos of activities	7

Background;

VIN has been organizing work camps in Jitpur community for the development of different field. On the month of July, VIN received 19 work camp volunteers for two different programs. Programs were '*School health talk on hygiene and sanitation, 2013*' and '*Jitpurphedi Gardening/Painting*'. Under these programs many activities were conducted in Jitpurphedi community. The programs aimed to bring development in schools of the community. This report explains the activities of '*School health talk on hygiene and sanitation, 2013*'

The work camp on school health talk was conducted from 4th July to 17th July, 2013. There were fourteen international volunteers and three local volunteers. These international volunteers were divided into three groups with the aim of facilitating the groups with one local volunteer. In the first group there were six volunteers, in the second there were five volunteers and in the third there were six volunteers including local volunteers. The main goal of this work camp was to draw attention of all the stakeholders; especially the school children to improve their personal hygiene and sanitation. The school health program was divided into two sections; awareness sessions on personal health and hygiene and garbage collection. The program was conducted in nine schools.



Objectives;

- To sensitize the school children about personal hygiene and sanitation
- To help the schools keep the environment clean
- To motivate the schools and school children to keep it clean in the coming days



Major Activities;

- Awareness Sessions on personal health and hygiene,
- Demonstration and practice of teeth brushing and hand washing with school children, Garbage collection and cleaning.

Methodology;

The school children from play group to grade 8 were divided into three different groups. Likewise, the groups were divided into each group of school children to conduct awareness sessions on personal health and hygiene. For making the sessions interesting, dramas were delivered to the children. Three different dramas were recited according to the understanding level of the children. The drama drew the attention of each child.

VIN distributed the toothbrush to those children who didn't have their own toothbrush. (The detail number of tooth brush distributed to children accordance to their school is placed in Annex). The Workcamp volunteers demonstrated the method of teeth brushing and hand washing in different classes. Then under the guidance of volunteers children were then, allowed to practice teeth brushing and hand washing.



In the next part of program, garbage collection was done with the involvement of school teachers and students. The program aimed to clean the surrounding and the toilets of the school.

Achievements:

- 9 schools children were benefited from this work camp
- Around 1200 students benefited from health session conducted in 9 schools
- These students (1200) learnt and practiced the ways to brush their teeth and wash their hands
- 653 children received tooth brush
- The school surroundings and the toilets of nine schools were cleaned

What volunteers liked most

- The volunteers liked working together with the people of different nationalities.
- They liked to stay in host family.



- Local sightseeing organized by VIN
- Working with kids and teachers.
- Hospitality of Nepali people
- Support provided/ presence of VIN staff.
- Working in the ground level/community
- Surroundings and woods

I think it is one of the summer ever. As a nursing student, I always dreamed to do this kind of project. All campers were so sweet and it was so special experience for me. I am really appreciated to VIN which gave me a best summer camp. I think I am gonna miss all of members and VIN staffs. Thank you. -Kwak Sujeong (Korea)

Challenges;

There were some challenges faced while conducting the program, the challenges are depicted in points as below;

- It was difficult to control the students to make them quiet and patience throughout the program.
- Time management according to the schedule was also sometimes difficult to manage because of the exam schedule of some schools.
- The schools were one hour walk from host family and sometimes, it was difficult for the volunteers to walk all the way to school.
- Insufficiency of water in schools for practicing teeth brushing and hand washing for the school children because the use running water and sometimes it blocks.
- After collecting the garbage, there was no proper mechanism in the school to destroy them.
- Because of the bad smell from the toilet, it was sometimes difficult for the volunteers.



Conclusion;

In a nut shell, the program was effective and successful. The volunteers were happy to work with the children and in school and enjoyed a lot playing, singing and dancing with children. The program drew the attention of stakeholders of Jitpur VDC to clean the environment. But there were some problems too. In some schools, there weren't dustbin to keep the collected garbage. And school hadn't any permanent system to manage the garbage. So they burnt the garbage even they were plastic.

Annexes:

Annex 1: Number of Students according to school who received tooth-brush are as follows;

- Nagarjun school-50
- Saraswoti school-5
- Ramghat school-32
- Panchmane school-17
- Khadwalkot school-25
- Northstar school-226
- Kalikasharan school-120

- Tarkeshower school-100
- Jitpur school-78
- Host family-4

Annex 2: Division of volunteers.

Group 1

- Kopila phuyal-Nepal
- Venessa-taiwan
- Una-Taiwan
- Crystal-korea
- David-hongkong
- Manon-france.

Group 2

- Apsara phuyal-nepal
- James-taiwan
- Jessie-taiwan
- Jane-korea
- Pejan-taiwan

Group 3

- Sarita aryal-nepal
- Megane-france
- Sonia-spain
- Chang-chien –taiwan
- Ching-taiwan
- Stephanie-hongkong

Annex 3: Materials used during workcamp

- Tooth brush - 657
- Tooth paste - 20
- Broom – 20
- Basket – 3, submitted in office after use
- Phenyle - 8

- Soap- 27
- Towel- 12
- Gloves – 5 pairs

Some photos of activities



Volunteers teaching hand washing and Tooth brushing



Volunteers playing with kids in a primary school



Collective photo session in culture sharing night



Performing cultural dance in culture sharing night

THANK YOU.