



स्वयंसेवी अभियान नेपाल
Volunteers Initiative Nepal



ANNUAL REPORT

2010



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Who are we?

Volunteers Initiative Nepal (VIN) is a non-governmental, non-profit organisation which was founded in 2005 by a diverse group of development workers, educationalists, social activists and other specialist professionals.

Unlike many other development NGOs, VIN serves to channel its efforts towards change in the hands of local people. We actively encourage them to volunteer within their communities, providing support and direction with the aim to unite all sectors of society to work together in setting up and running local projects.

VIN's main community-based pilot project is located at Jitpur, a rural community surrounded by woods, hills and fields. It lies 11 kilometres from the capital on the outskirts of the Kathmandu Valley near the beautiful Nagarjuna forest reserve.

There are also projects located closeby to the region. VIN is currently working to expand its scope to a second community-based site, Okhaldhunga, in the north east of Nepal.

Annual Report 2010

VIN's mission is to empower marginalized communities, with a focus on women and children, through enhanced educational programs and community training to promote equality, economic well-being and basic human rights.



VIN staff, posing for a picture during the Dashain celebrations

Dear friends,

We are very pleased to present VIN's 2010 Annual Report. It has been a great year for us, and this report highlights some of our accomplishments of 2010, with the generous support of our hardworking staff, diverse and open-minded international volunteers, and our dedicated stakeholders.

VIN first launched its pilot community development programs in Jitpurphedi Village Development Committee (VDC) in 2007. Jitpurphedi VDC is 11 km away from Kathmandu city. The population totals approximately 5,230 people (2010) living among 1033 houses, inclusive of several castes and religions residing in the VDC.

Over the past four years, VIN has adopted an integrated, participatory development approach for the well-being of the community, working with both local and international volunteers to implement different kinds of programs and activities under four main programs: (1) Women's Empowerment, (2) Child Development, (3) Youth Empowerment, (4) Community Health.

Our programs have been able to touch all aspects of life in the Jitpur community, and we hope to continue doing so in the coming years. Hari Krishna Aryal, a staff member of the VDC commented that *"There are many changes after VIN's work in the community; job opportunities for people; children are getting more help and are participating in extracurricular activities; Teachers are getting training for better quality education for both themselves and in turn for the children; Women are also getting income from the Income Generation program."*

We are proud of our achievements thus far, and this report highlights a few of those achievements. We also present our financial statement from the 2009-2010 fiscal year to ensure complete transparency across all our activities.

We thank you for taking the time to read about our year's progress, and we hope you gain a greater understanding of the intentions and efforts of Volunteers Initiative Nepal. We hope that you will consider becoming a part of our organization as we focus our attention on improving the marginalized communities in Nepal. As always, we welcome your feedback and continued support.

Sincerely,
Bhupendra Ghimire
Executive Director

2010 Highlights

- Over 63 children benefit from VIN's sponsorship program and continuing to support their education.
- Supported 3 more Early Childhood Development Centers to be child-friendly.
- The Pachmane community-based ECD building is now in place.
- Supported Children's Club Activities, trainings, and publication of a children's magazine, *Creative Souvenir*.
- Provided regular support for 3 children's home in Kathmandu.

- Continued regular access to medical services at the health post with a Doctor.
- Increased level of trust in modern health services in the community.
- Treated over 3000 patients in 2010.
- Constructed toilets in 52 homes in 2010.
- Several waste Management programs initiated in Dadagaun village.
- Several Health and Awareness programs for women, young people and children on various relevant topics.
- 14 Mobile Health Camps held in various schools to provide regular check-ups for children, and to raise health and sanitation awareness.

Women's Empowerment

Child Development

Youth Empowerment

Health & Sanitation

International Volunteers

- Formally registered the co-operative (Jitpurphedi Women's Agriculture Cooperative Ltd.). Membership has since reached 22 women's groups and 196 women.
- Average profit of women has reached up to 19090 NRs in 2010 through income generation activities.
- 120 women continue to benefit from our literacy programs.

- Our previously established Youth Club has been initiating different types of community programs like blood donation and community-cleaning programs.
- Young people from the local area were given the opportunity to participate in different training and awareness campaigns.

- Welcomed the support of 108 volunteers, who contributed to all different programs of VIN, from supporting microcredit project to teaching English in ECDs, conducting trainings for youth and assisting with health services at the health post.
- Participated in external programs such as Teaching at monasteries and nunneries.

Women's Empowerment Microcredit



**Empowerment
through access to
financial services**

VIN has established a microcredit program to provide basic financial services such as savings and credit loans to local women, with the additional directive of facilitating agricultural support for them. Our long-term goal is to have an autonomous and sustainable microcredit cooperative system by 2012.

In 2010, several women's savings groups were pulled together for a self-sustainable microcredit system. we formally registered the co-operative (Jitpurphedi Women's Agriculture Cooperative Ltd.). Membership has since reached 22 women's groups and 196 women.

The Co-operative established official financial and administrative processes through two general meetings and several other workshops. The leader of the cooperative was also elected. VIN selected a member of staff to assist with the cooperative operations, and deliver training to its members.

VIN assisted the newly formed co-operative to apply for funding proposals. VIN also helped its members develop network links within the cooperative and continues to provide regular supervision and support for these programs.

"The process of empowerment is a slow one, but VIN is successfully achieving their aims within the women's groups. Vegetable farming in particular has increased income and empowered women with their own money-making skills, making them feel more self-reliant."

Josephine Korda (UK), VIN volunteer

Women's Empowerment Education

Since 2009 VIN has been working alongside the local Village Development Committee (VDC) office to deliver a successful literacy campaign in the Jitpur-Phedi community. From the end of March, eight literacy classes have been running in the VDC, receiving technical support from VIN staff, and are benefitting approximately 120 local women. Classes have so far covered basic literacy, numeracy and life skills including problem solving, communication, and health and sanitation awareness.

We are very proud of our participants, most of whom have achieved a medium level of literacy & numeracy skills, including sentence structure, letter writing, addition, subtraction, as well as account-keeping knowledge to use in their income-generating activities.

Empowerment through education



Women's Empowerment Income Generation

For the income generation project by means of agriculture projects, we selected three different sub sectors as; vegetable production (seasonal and off seasonal types), mushroom production and goat rearing.



VEGETABLE FARMING

With the formation of two new groups in 2010, the vegetable farming program now engages 25 women's groups with over 225 members. As part of this program, VIN conducted several trainings on seasonal and off-season vegetable production, vermin composting, and mushroom farming for many different groups, involving over 80 women.

111 women in our groups produced and sold a variety of vegetables in 2010, with an average profit of 19,090 Nepali Rupees.

"We have been earning at least Rs 20,000- 40,000 per year from vegetable farming and we have been saving Rs 450 per month in the cooperative."

- Jagaran Women's Group

Empowerment through financial independence

GOAT REARING

About six different groups have benefited from the goat rearing project of VIN's Women's Empowerment Income generation Program. This program commenced in 2007 with regular supervision and follow-up in the past year. VIN had originally planned further activities under this project, however after consultation, the women asserted that although they have developed skills from this program they have benefitted more from skills learnt through vegetable farming and will focus their income generation activities in this area.

"I learnt so many things being a women's group's member. I know goats' diseases & treatments, and I am using the learning to care for my goats."
Maiya Devekota, Manakamana Women's Group





MIUSHROOM PRODUCTION

Mushroom production is one of the most profitable sub-sectors for the smallholder farmers and one of the alternate sources of income for landless farmers. Three different training programs were delivered over two days, benefitting five women's groups, engaging 30 women. In this developmental stage, subsistence was the focus, rather than commercial or marketable production.

AGRO FORESTRY

The objective of the agro forestry project is to develop skills and improve knowledge for the development of agro-forestry techniques in order to enhance the women's income generation activities.

In coordination with the District Forest Office and District Agriculture Development Office, VIN helped to distribute different varieties of plants and fruits to the women's groups, including 900 guavas, populas, citrus, amalas, bais, kalkiphools and 400 oranges, sweet oranges, and limes whilst regularly offering follow up and support for these undertakings.

ORGANIC FARMING

The major objective of the organic farming as defined by VIN is to ascertain whether it provides a suitable activity as an income-generating project. VIN developed an explorative concept paper in order to determine the profitability of organic farming, exploring different types of farming tools like poultry manure, livestock urine, and local pesticide. The research started in October 2010 on cauliflower and cabbage crops. Our work will continue until the end of 2011 where we will be able to provide a decisive conclusion.

NON-AGRICULTURAL VENTURES

Non-Agriculture is one of the major segments of VIN for the Women's Empowerment program. Our main objective is to identify a specialty non-agricultural branded product in the market that generates a sufficient income during off-season (e.g. handicraft, other vocational skills training).

A feasibility study was completed to identify appropriate sub sectors within the non-agriculture in Jitpurphedi. It concluded that bamboo, rice straw and hemp would be the most suitable materials to be sourced locally.

Twelve women were involved in the non-agriculture program in 2010. They received basic sewing/cutting training in coordination with the small and cottage industry office nearby to Kathmandu. Furthermore, a market study was completed to identify a suitable marketable subsector of non-agriculture and its feasibility for the women of the Jitpurphedi community. Our report concluded that knitting is the most feasible and reliable sub-sector because no startup capital is required for business in its initial stages.



Parvati Devkota



Dandagun is a village located on the outskirts from Balaju, Kathmandu (9 km) and falls within the Jitpur VDC -8. Though the village is very near to Kathmandu, women in Dandagaun are more likely to be illiterate and disadvantaged than other neighboring communities closer to the city.

Parvati Devkota lives in Dandagaun. She is 30 years old, with two sons, and works hard within a family that traditionally depends on agriculture. She says that local women lack farming skills and knowledge, and the climate is not conducive to vegetable production. So, a high percentage of the women of Dandagaun have become involved in VIN's agriculture groups for their income generation.

Parvati Devkota has traditionally used subsistence level of vegetable production in order to cover her family expenses. VIN included Dandagaun in their income generation programs, to help encourage commercial vegetable cultivation techniques. Mrs. Devkota became the president of the Manakamana Women's group formed by VIN. After being a group member she was given the chance to attend training including; goat rearing and off season vegetable production (nursery rising, plant protection, harvesting etc). As an outcome of the training, and with VIN's support, she now grows pumpkins, brinjal, tomatoes, rayos and radishes both in season and off season time. Her income totaled Rs. 150,000 last year, having been able to sell her products in nearby Balaju. However, she would like to be able to sell her vegetables closer to her own village.

Besides the Income Generation Program, Mrs. Devkota also became aware of legal aspects of women's rights, and participated in the community health programs such as toilet construction, Uterus Prolepsis, involvement in village clean campaign, waste management training through VIN.

After utilizing this vegetable farming opportunity, Mrs. Devkota has decided to pursue a prosperous new venture in the future together with the support of VIN. She is grateful to VIN for helping her to develop the skills and knowledge needed for commercial activities, which have benefitted her and her family.

Children's Development



It takes a whole village to raise a child. VIN's mission through the Children's Development program is to empower the village – the parents, teachers and schools – to enable the children to receive an education, explore creative outlets, and develop as a whole for better quality education.

- As part of this program, VIN focuses on five different initiatives:
- (1) Enabling education through sponsorship for disadvantaged children.
 - (2) Helping very young children develop their cognitive and social skills through Early Childhood Development Centers (ECDs).
 - (3) Enabling creative outlets and installing social awareness through Children's Clubs.
 - (4) Improving school facilities and empowering teachers to provide a balanced education.
 - (5) Providing support to selected orphanages.

enabling education

Sponsorship for Education



VIN continues to sponsor education for children from disadvantaged families. This year VIN has provided sponsorship support for 63 children including community and orphans. 39 deprived children from public school and 24 from 3 orphan homes received the full sponsorships. 14 community children received partial support. The support is provided on an annual basis, and can cover everything from the provision of uniform and stationary to school fees and medical fees, depending on the individual requirements.

empowering the village

VIN has been developing different programs within ECD centres to improve the environment for young children learning - in order to develop their cognitive, emotional, social and physical potential. VIN has conducted teacher training in ECD concepts in order to help them to properly and effectively use their materials and helped to make the learning environment more child-centred.

Sarita Aryal, ECD teacher, Kalikasaran Lower secondary school said – ***"We learned how to develop & use the local materials and teach ECD children knowing their feeling."***



Matching Funds for Three ECDs

This year VIN has matched funds for two schools at a two to one ratio and funded one completely to improve their ECD classrooms. This money funded round and low tables, cupboards, carpet flooring, shoe racks, wall clocks, scales, mirrors, throwing rings for games, Madals and other educational materials. These ECD classrooms are now significantly more child-friendly and educationally proficient for the students.



Support of Pachmane ECD Construction

With our support alongside the Jitpur village development committee, local entrepreneurs and local communities, the ECD at Panchmane have completed their own building this year consisting of three rooms. VIN has supported the project by matching funds for the ECD building construction.



ECD Parents' Orientation

VIN believes that creating healthy learning environment for children, both at home and at school, helps cognitive, emotional, physical and social development. VIN developed and organized a two-hours session for ECD class parents to introduce them to the importance of ECD. A total of 52 parents attending to five ECD centers received this orientation introducing the ECD concept and the role of parents for 3-5 year-old children's development.



School Management and Leadership Development Training

In coordination with Himalayan Development International (HDI), VIN organized a two-day training session for head teachers and also ran a children's club facilitating teachers of eight schools of Jitpur community on school management and leadership development. A total of fifteen teachers participated in the training.

VIN has been focusing on working to explore and develop children's innate talents and creativity, through the setting up of children's clubs. Hari Krishna Aryal, Head teacher of Jitpur Higher secondary school remarked about the Children's Club – ***"Children have got the chance to explore their talent and also understand the meaning of team work. We can see changes of CC members. CC children have been organizing some programs."***

Children's Club (CC) Management Training

VIN conducted Children's Club management training for members of CC and a total of 135 children participated. The main objective of here was to provide basic management skills and to empower the members of the newly formed club. The training focused on the roles and responsibilities of each member; meeting facilitation, fund-raising, bookkeeping and communication skills.

Child Rights and Children's Club Training: A one-day training program on 'Child Rights and Responsibility and the Importance of Children's Clubs' was organized by VIN in each school. VIN developed a 45-minute session and presented it in every class. Approximately 900 students in eight schools of Jitpur community were present. The main objective of the training was to raise awareness to the children of their rights and responsibilities, and how CC can help them by motivating them to be actively participating in the clubs.

Fund Raising Training: VIN organized a one-day fundraising training for the members of the united children's club following the requirement that all clubs necessitated funds to organize their programs. A total of 30 children participated. VIN's training provided discussion on different ideas for fundraising. The ideas include: collection of late/absent charge, donation collection, selling of old materials, garage sale, Deusi/Bailo, program entry fee etc.

Instilling awareness

enabling creative outlets



Anchoring Trainings: A three-day anchoring training was organized by VIN for members of CC in Tinpipla, Jitpur. 13 students from four schools of Jitpur participated. VIN is committed towards working to explore and develop the children's innate talents and creativity through the setting up of CCs. VIN has encouraged organization of various programs and competitions to develop the capacity for children. The programs are presented by children and so it was vital that VIN organized the anchoring training to develop the children's communication and program hosting skills.

Formation of Separate Children Club for Primary Level

Based on a suggestion in the meeting of head teachers to form separate children's clubs for primary level (grade 3-5) children, VIN formed this group based on this proposal. Sixteen primary-level children from eight schools of Jitpur community were selected for the united children club. It is hoped that this will provide an opportunity for even the smaller children to develop their innate talents.



Program by United Children's Club UCC) : United children's club has organized bimonthly interschool competitions in different schools on a rotational basis. This year UCC organized four interschool programs, for example a quiz contest, singing competition and culture program in Dashain & Tihar.



Publication of Children's Magazine "Creative Souvenir" : Since last year, united children club and VIN have published the magazine 'Creative Souvenir' annually. This year, on the occasion of Dashain & Tihar 2067, UCC and VIN published the second volume of the magazine. A total of one thousand copies of the magazine were published. The magazine included a collection articles and creative work by children, teachers and experts. This will help encourage children and teachers to share their creative works with each other. The magazine was distributed to all children of Jitpur community schools.



Youth Development

VIN's Youth Development program aims to empower local youths in the Jitpur community by educating them on their rights and life skills, creating career development opportunities and stimulating community volunteering. VIN has implemented various trainings and initiatives by setting up a Youth Club in the community, and providing continuous support of their activities. Some of the youth activities and accomplishments over the past year are highlighted here.



Preparation of Constitution of Youth Club

Last year, VIN formed a youth club named "Jitpurphedi Janajagaran Youth Club" representing all wards of the Jitpur community. The club has regularly provided community development and career development support to bring forward forthcoming opportunities.

This year the club wanted to be legally registered in district administrative office. VIN has been able to facilitate them in creating the constitution and in the registration process. The constitution is now completed and in the near future, the club will be legally registered.

Youth Club Sub-committee Formation

Last year, VIN formed a youth club representing all wards of the Jitpur VDC.

Over the year, we have felt that youths of Dadagaun and Jitpurphedi have been excluded from the youth club's program, so together VIN and the club decided to create a sub-committee in Dadagaun to include them in mainstream club program. During the first week of February 2010, VIN and the youth club organized a meeting of youth of Dadagaun. The main objective of the meeting was to discuss the importance and the need of a sub-committee for career development opportunities and for community development initiatives, and lastly to form a committee in the wards. A committee involving 13 youth of Dadagaun was formed in the meeting, and concluded by starting a proposal including how could they could be involved in the youth club program.





IGP (Jewelry Making) Training for Girls in the Youth Club: VIN organized a two-week-long income generation training program on jewelry making for female members of the youth club. Seven girls participated in the training facilitated by Suzanne, a VIN international volunteer from the UK. Participants learned to make different types of earrings, bracelets, necklaces etc. Participants found the training useful and they are planning to start IGP based on those skills.



Proposal Writing Training

On March 29- 31, 2010 , VIN organized a three-day training session on Proposal Writing for the members of Jitpur Janajagaran Youth Club. The main objective of the training was to define the body and additional components of a proposal, and to give practical knowledge of writing the document. A total of 13 members of youth club participated. A major component of the training was the concept of writing such types of proposals, the steps involved in proposal writing, and the different formats of doing so. Topics such as Title, summary, introduction and statement of the problem, literature review, rationale/justifications, work plan, budget plan and logical framework were all discussed. Practical skills training, including writing an executive summary, statement of need, project description, budget, organizational information, conclusion etc were touched on.

English Language Classes for Youth of Dadagaun

VIN has introduced international volunteers to provide English language classes to the youth of the community. This year English language classes have been conducted for the youth members of Dadagaun during the month of August. Esabelle Fantine-Austria, VIN international volunteer has been involved as the language instructor with 20 participants in the class.

Participatory Rural Appraisal Training (PRA) in Youth Club: VIN conducted a five-day Participatory Rural Appraisal Training (PRA) program for the members of Jitpur Janajagaran Youth Club March 24-28, 2010. The main objectives of the training were:

To raise awareness on the concept of PRA, RRA and PLA and different research tools.

To enable youth members to collect useful information from society using different PRA tools, and to educate them on report preparation after analysis.

To enable them to use the prepared information in development programs and planning through PRA.

The total of 17 youth participated in this training.



Youth Technology Training by International Volunteers

A two-week computer technology training course was organized for youths in April 2010. Camden Stephenson, from the UK, facilitated the training. The training was organized for the members of Bethel Youth Centre, Yijay Chowk, Prayag Marg, Kathmandu with the total of 15 youths participating. Another one-week course by Camden was organized in the office for the members of Jitpurphedi youth club with six members participating. The training focused on Word, Excel, PowerPoint, email, internet searching, etc.

Community Health

VIN's Community Health Program in Jitpur aims to sustainably and significantly improve the basic health conditions of the residents by improving access to health services, hygiene facilities and awareness of health and hygiene issues.

VIN had identified three major areas to best carry out its objectives: through the Health Post, through the community members themselves, and through the schools. Strategies were formulated to implement the program via an integrated approach. This was primarily curative and preventive, so that the target could be achieved within a short period.

To provide high-quality health services, VIN, in coordination with the government-run health post continues to provide medical services and regular access to a doctor. VIN has also implemented several programs in the community, with the aim of increasing awareness of hygiene and sanitation, waste management, first aid training, as well as general health issues related to women, men, children, and youths.

Health camps, awareness on oral hygiene, tooth brushing technique, drugs, HIV – AIDs, hygiene and sanitation and school environment cleaning were the major activities in schools.

Health Post

Health services are available to Jitpur community residents on alternate days of the week, for four hours each day. VIN's Doctor Laxmi, with the help of a nurse and qualified international volunteers treated a total of 2549 patients in 2010.

Most of the patients visiting the health post had acute infections, such as acute respiratory infections, gastroenteritis, conjunctivitis, oddities, or had wounds. Chronic cases like diabetes mellitus, hypertension, asthma were rare. In December, there were seven tuberculosis cases under medication. There were also some emergency cases, such as fractures, in which case the patient's condition was made stable at the post and referred to a city hospital.

Lots of work was done this year to maintain a hygienic and efficient health post environment. Some of our accomplishments are listed below:

- Various important instruments necessary for the health post were also identified and purchased.
- A health management information system was also developed to keep the patient records.
- The health post rooms were separated for the doctor's office, minor OT and pharmacy, with appropriate identification plates.
- Bins were installed outside and inside the health post to collect medical waste.

A steep climb in the number of patients visiting the health post was clearly identified in 2010, as more people are starting to trust and easily access the services provided.

..To work in the health post was a great experience; I've learned a lot and also shared my knowledge and experience."

-Rita Cardoso Pires Tome, Portugal

...The placement itself – at the Jitpur health post was well structured and I really enjoyed being part of the consultation and I learnt a lot in terms of diagnosing and of managing the common health conditions here. Also with limited resources, the practice of medicine is very different...."

"Jayanthi Sethunarayanan, Singapore

Waste Management



"Hamro Gaun Sapha banau."
Lets make our village clean.

Aside from providing the health post services, VIN has also focused heavily on various community programs, predominantly to improve waste management in the area.

Home visits to raise hygiene and sanitation awareness in Dadagaun

VIN's health program team visited 67 households of Dadagaun to raise awareness on solid waste management. They distributed information that VIN was going to install public bins in their community and demonstrated the technique of using these public bins. The team displayed posters related to waste disposal on the walls of houses, in public places and the team also dispersed pamphlets related to solid waste management.

Public Bin Installation

In 2010, a total of twenty bins had been installed at Dadagaun community, health posts, Tinpile, Pachmane ECD and eight schools of Jitpur in order to encourage proper waste disposal.

Garbage collection campaign at Dadgaun

The objective of this campaign was to encourage and involve people in the community to collect the garbage to make their surrounding areas clean. It was noted that people in Dadagaun were putting non biodegradable waste in public bins, however, they were not disposing waste from filled bins. VIN staff, volunteers & community target groups moved through the village with play cards shouting slogan, **"Hamro Gaun Sapha banau"**, collecting waste from the area, and burning filled bins.

Toilet Construction

One of VIN's objectives is to make Jitpur Phedi-8, Dadagaun a "stool-free community." Since 2009, VIN has been providing the essential materials, technical help and volunteers for a family in need to construct a toilet. By the end of 2010, **52** toilets had been completed. VIN's objective is to provide materials for six households of the Jitpur community each month and approximately 60 additional toilets plan to be completed in 2011.



One of VIN's international volunteers, having a short break from toilet construction

Awareness Programs and Trainings



Awareness campaign on Reproductive Health, Newborn Care and Uterine Prolapse

The program was designed to target all women of Jitpur in order to raise awareness about women's reproductive health, sexually transmitted diseases, uterine prolapse and proper newborn care. Symptoms, methods of prevention, and treatments of reproductive diseases were discussed thoroughly. Newborn care and danger signs among newborn children were also identified and discussed.

First aid training for youth

Two days training on Community Based First Aid (CBFA) was organized by VIN in 2010 in two different places (Dadagaun & Tinpiple). In total, 36 young people from Jitpur participated in the training. The main objectives of the program was to build knowledge in Young people to manage injuries and illness during normal daily life and during disasters. The contents of the first day were definition and aim of first aid, the quality of a first aider, first aid priorities and resuscitation. In second day discussion was done on asphyxia, hanging, drowning, burning, poisoning, epistaxis, fractures, cuts and injuries.



School Health

VIN's School Health Program focused on three main aspects of child health: (1) treating illnesses and providing regular checkups, (2) raising awareness on hygiene and sanitation, and (3) promoting waste management in schools.

Health mobile Clinic

In 2010, VIN's doctor & health team conducted health mobile clinics in six public schools of Jitpur. In 2010, the team conducted **14** health camps, through which a total of **517** children have benefited.

As part of the mobile health clinic, children were examined and provided medicines free of charge. Various awareness sessions were also conducted on hygiene and sanitation, teeth brushing and waste management. Children were encouraged to be involved in school environmental cleaning. Plastics and papers were collected from school ground and disposed them in the Bin supported by VIN.

Awareness programs on hygiene and sanitation

Though the health team had raised hygiene awareness through health clinics, they conducted additional sessions in schools as well. Through these sessions, children were informed of the proper technique in brushing teeth, and were made aware of how diseases spread through garbage surroundings schools and houses. The importance of washing hands, importance of toilets, proper techniques of using toilets, and other hygiene requirements were also included.

"I have seen the sanitation program launched by VIN in my school so I have also been doing same type of sanitation program in my house."

Deepa Sunar, Children's Club member, Kalikasaran School

Awareness campaign on Drugs and HIV /AIDs

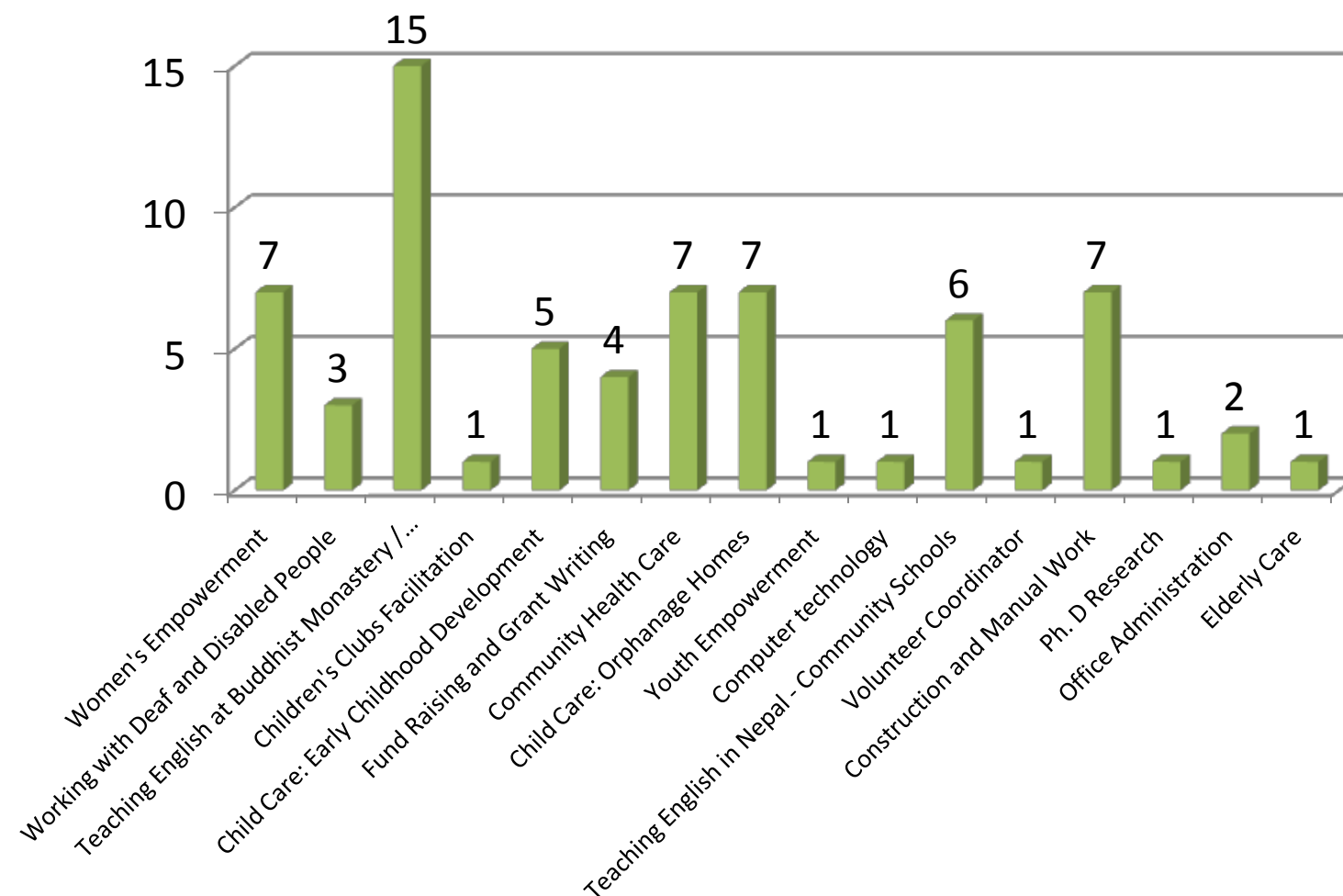
Drugs and HIV/AIDs is a major issue among young people in Nepal. School children are vulnerable to drugs and are at risk of practicing unsafe sex. While there is no hard data available about the children of Jitpur who are taking drugs, VIN had identified them as vulnerable group. VIN has developed a strategy to provide training on drugs and HIV/ AIDs. As part of this strategy, in 2010, a health team of VIN conducted training in two schools; Nagarjun and North Star.

Basic awareness concepts and preventative education concerning Drugs, STIs and HIV/AIDs were introduced to the school children of 7, 8 & 9 grade. The team discussed how school children can play a vital role in staying safe from sexually transmitted infections in the community. The team also discussed different types of drugs and drug usage, addiction, systemic, mental and social effects, what we can do for drug addicted people and to how make our society a drug free area.

Volunteers

VIN has attracted international and local volunteers in its various programs, helping make a sustainable difference whilst improving the lives of Nepali people in the most disadvantaged communities. Most of the volunteering and internship programs of VIN are community-based aiding VIN's community projects in Jitpurphedi VDC. In addition, VIN also offers other programs such as Teaching English at Buddhist Monastery and Nunnery, Orphanage and International Journalism Internships are available that are more geared towards fundraising for community development programs.

In 2010, VIN welcomed 108 volunteers, of which 69 signed up for one of the volunteering programs, 11 signed up for internship program, 15 for Volunteer and Adventure (Travel/ Trekking) Program and 13 chose to work for two volunteering programs for their volunteering duration. The most popular volunteering program of 2010 was Teaching English at a Buddhist Monastery and Nunnery.



A Snapshot of Volunteer Contributions this Year

Women's Empowerment Program

- Prepared training materials for life-skills training for women
- A team of volunteers also monitored literacy classes and conducted data analysis to gauge literacy levels.
- Conducted a feasibility study to understand the potentials for income generation enterprises in Jitpurphedi VDC.
- Conducted a profitability analysis of off-seasonal vegetable farming.
- Studied and analysed proper market management for vegetables produced by the women.
- Prepared training materials for account-keeping training.
- Translated micro-credit cooperative documents.
- Designed electronic database for Cooperative account-keeping and tracking.

Child Development Program

- Helped to improve English language of students in schools.
- Trained teachers on identifying and using appropriate educational materials.
- Raised proper dental and body hygiene awareness in ECDs.
- Conducted a documentary-making workshop for school children.

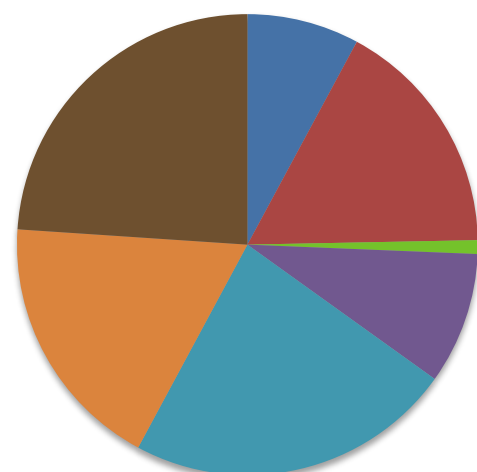
Youth Empowerment Program

VIN's Youth Empowerment volunteers conducted computer and technology trainings for youth clubs, as well as English language classes.

Community Health Program

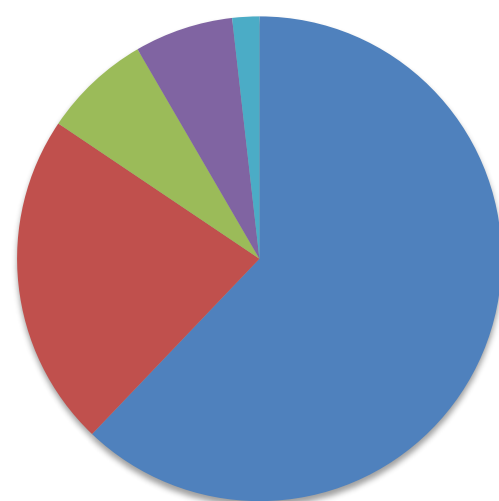
- 75% of toilets constructed in 2010 were supported by volunteers!
- Our health volunteers assisted the doctor in clinical examinations and mobile clinics.
- VIN helped facilitate trainings and workshops on a variety of health topics such as uterine prolapses, breast-feeding, newborn care, HIV/AIDS, as well as hygiene and sanitation workshops.
- Conducted an oral hygiene awareness training for children in the Early childhood Development Centers.

Financial Highlights 2009-2010



EXPENSES

8%	Women's Empowerment
17%	Child Development
1%	Youth Development
9%	Community Health
23%	Volunteer Placement
18%	Nagarjun School Development
24%	Office Management



INCOME

62%	Volunteer Program Fees
22%	Reach Out to Asia
7%	Child Sponsorship
7%	Donations, Volunteer Fundraising
1%	Other

EXPENSES (NRs): 2009 - 2010

Women's Empowerment Programme	573,225.00
Literacy	92,599.00
Income Generation	162,052.00
Micro-credit	45,574.00
Remuneration	234,600.00
Other	38,400.00
Children Development Programme	1,224,404.00
Early Childhood Development (ECD)	167,588.00
Children's Club	55,365.00
Orphanage	269,560.00
Sponsorship	513,591.00
Remuneration	198,500.00
Other	19,800.00
Youth Development Programme	70,162.00
Community Health Development	673,549.00
Healthpost support	48,708.00
Toilet construction	442,866.00
Mobile clinic, medicine	14,529.00
Remuneration	153,146.00
Other	14,300.00
Volunteer Placement	1,671,729.00
Nagarjun School Development	1,325,068.60
Office Management Expenses	1,743,163.24
Stationary	48,764.00
Rent	144,000.00
Transportation	94,500.00
Utilities	14,360.00
Communications	150,088.00
Printing, Promotions	107,915.00
Refreshments	51,161.00
Staff salary & bonus	494,859.00
Tax	10,107.01
Repair & Maintenance	18,000.00
Other	159,298.00
TOTAL EXPENSES	7,211,138.84

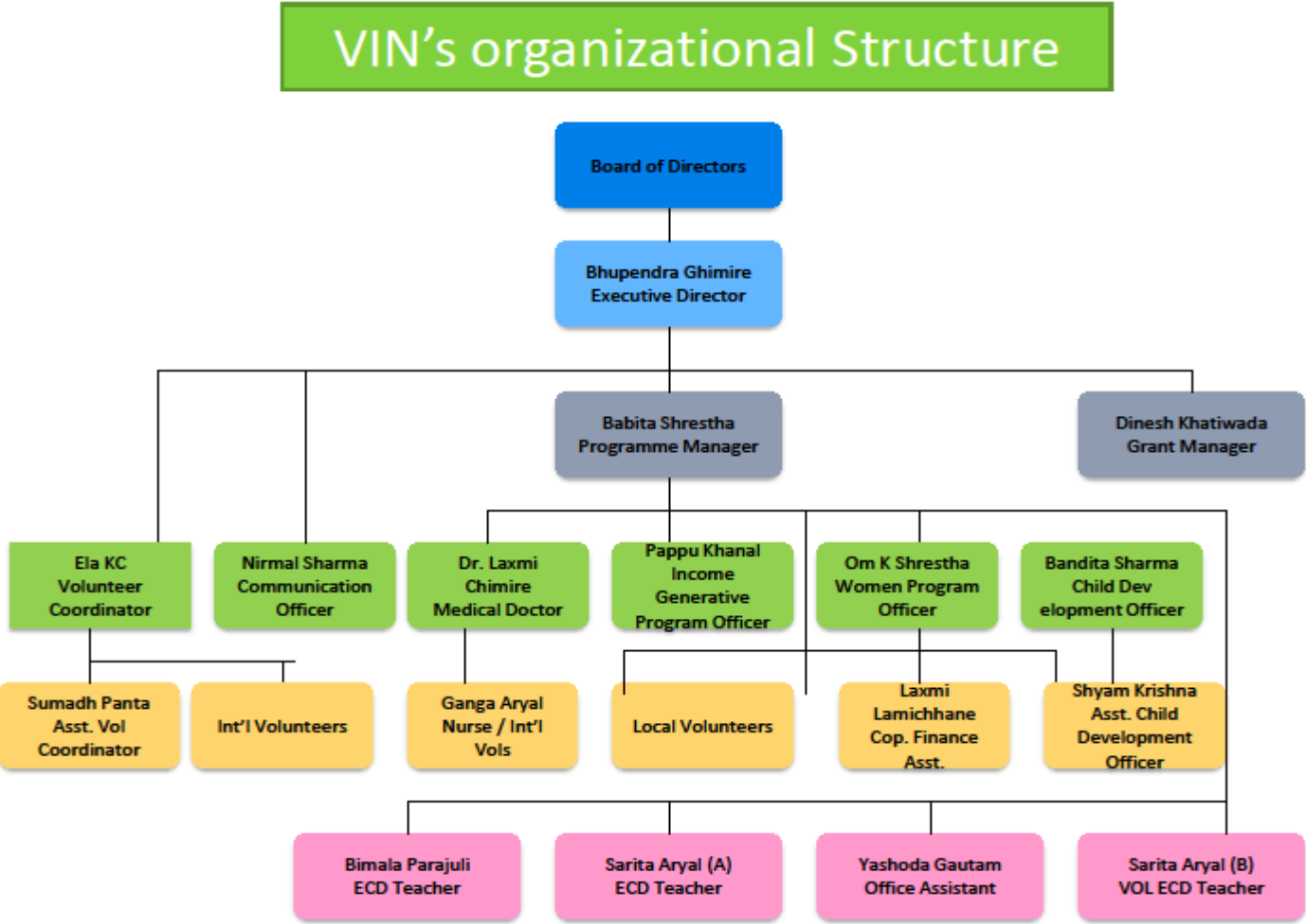
INCOME (NRs): 2009-2010

Volunteer program fees	4,852,074.00
Reach Out to Asia	1,643,683.75
Child Sponsorship donations	530,435.00
Volunteer fundraising and international donations	485,553.00
Interest received	61,969.00
Trustee membership fees	29,200.00
District Education Office contributions	26,100.00
Funds from community	15,600.00
TOTAL INCOME	7,644,614.75

Board of Directors

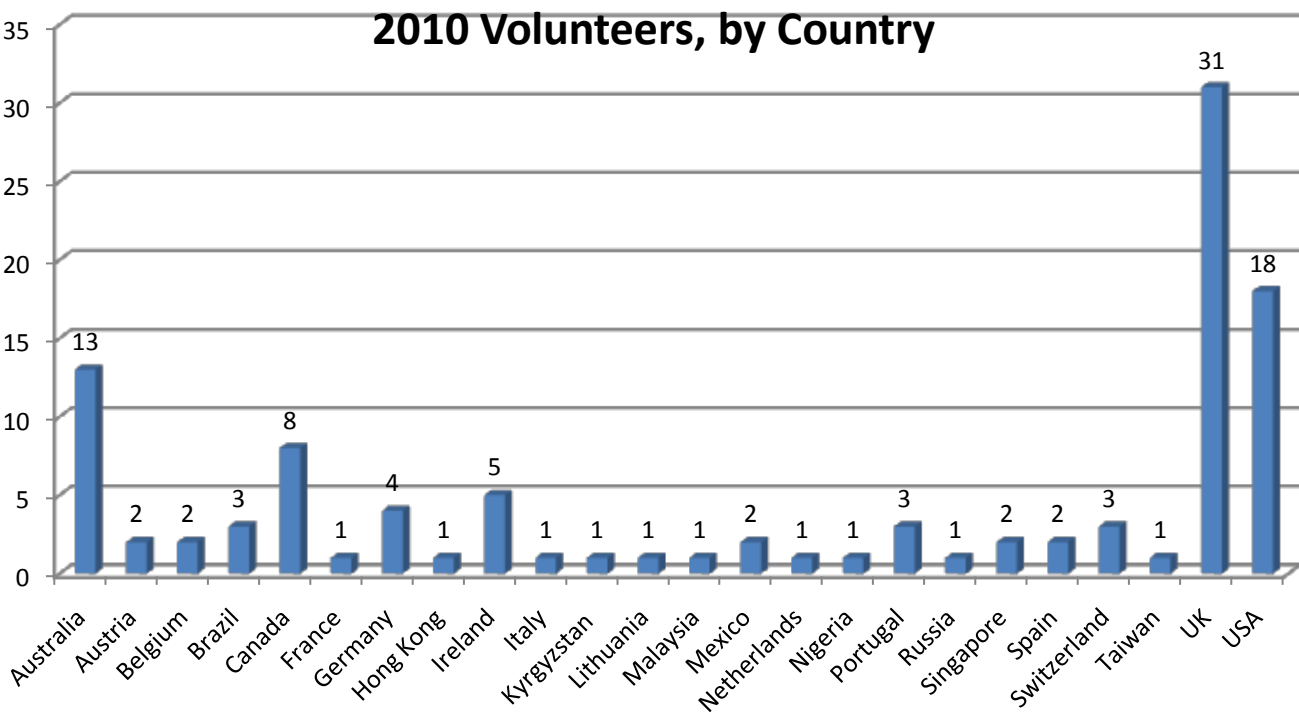
- 1. Chairman: Bhupendra Ghimire, Master’s in Education
- 2. Vice-Chairman: Shantiram Khatiwada, Master’s in Law
- 3. General Secretary: Dinesh Kumar Khatiwada, Master’s in Education
- 4. Treasurer: Loknath Neupane, Bachelor’s in Arts
- 5. Member: Dipika Shrestha, Master’s in Environmental Science
- 6. Member: Narayan Kaji, Ghimire, Master’s in Education
- 7. Member: Surendra Kumar Bogati, Bachelor’s in Law

Staff



2010 Volunteers

We would like to thank all the local and international volunteers who participated from 24 different countries in our volunteer programs. We acknowledge their contribution in achieving our goal to empower marginalised communities. Without their support, VIN would not be able to achieve so many of its goals!



Thank you for taking your time to read our 2010 Annual Report. If you would like to get involved in one of our projects, please visit www.volunteeringnepal.org



स्वयंसेवी अभियान नेपाल
Volunteers Initiative Nepal